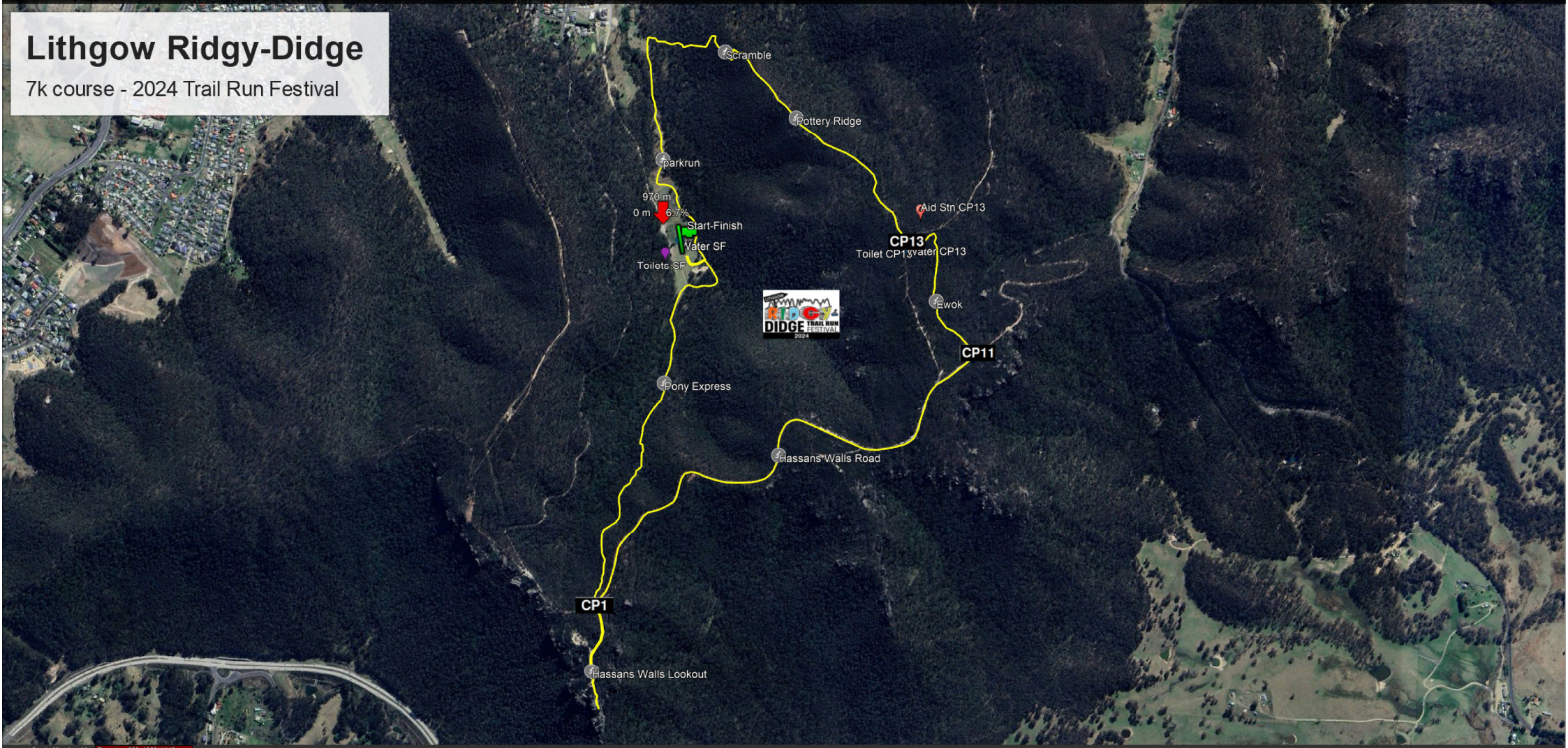


Lithgow Ridgy-Didge

7k course - 2024 Trail Run Festival



Graph Min. Avg. Max. Elevation: 990, 1068, 1140 m
Range Totals: Distance: 7.31 km Elev Gain/Loss: 330 m / -331 m Max Slope: 26.1% / -33.4% Avg Slope: 8.0% / -9.5%

