

Lithgow Ridgy-Didge Trail Run Festival 2025

 42K course

CP 1

CP 2

CP3 CP 3

CP 4

CP 5

CP6 CP 6

CP 7

CP 8

CP 9

CP10 CP10

CP11 CP11

CP12

CP13 CP13

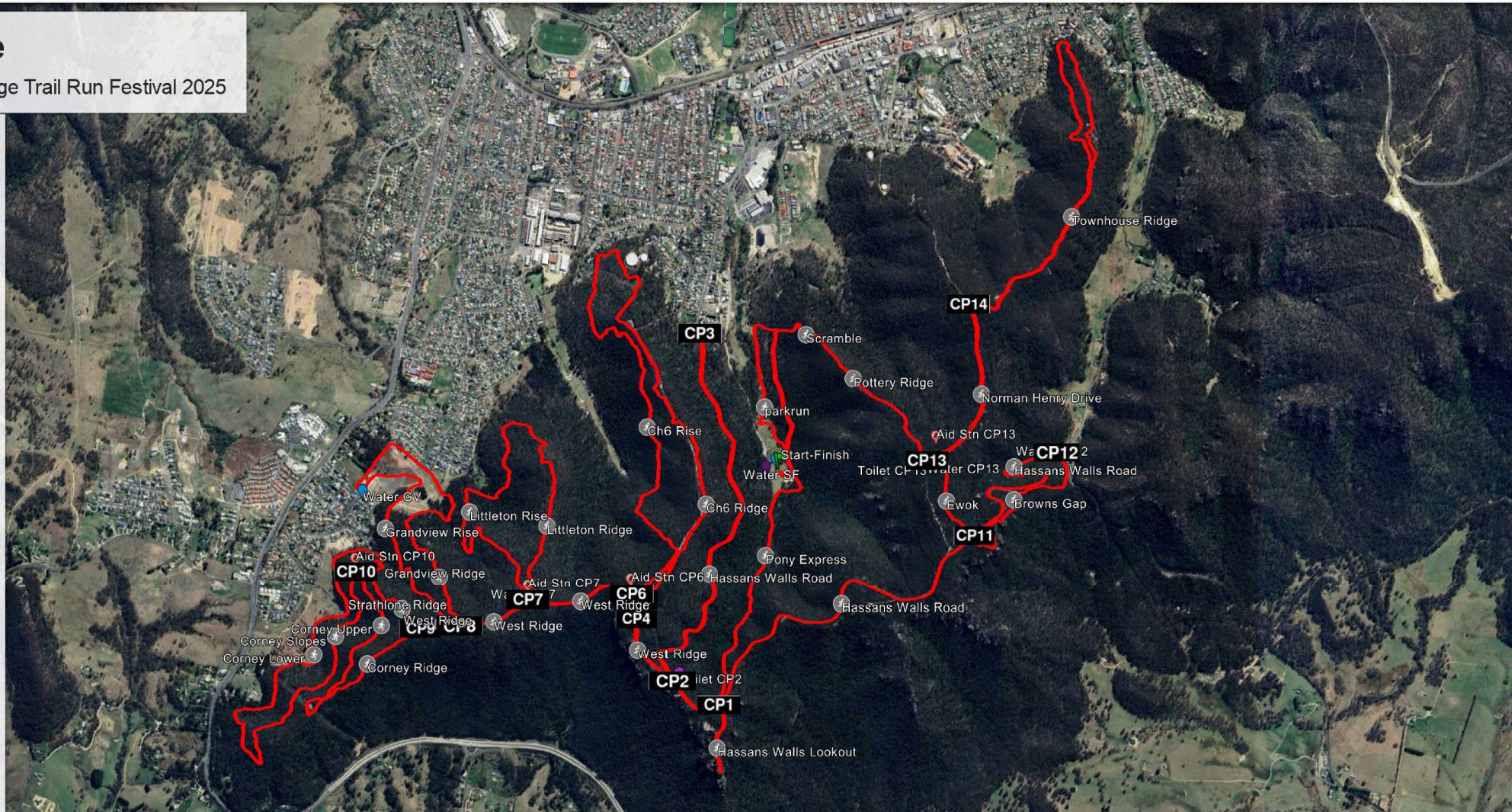
CP14 CP14

Start-Finish

 Toilet

 Trail name

 Water



Graph: Min, Avg, Max Elevation: 951, 1066, 1161 m

Range Totals:	Distance: 41.2 km	Elev Gain/Loss: 2078 m, -2078 m	Max Slope: 27.8%, -30.5%	Avg Slope: 8.2%, -8.7%
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