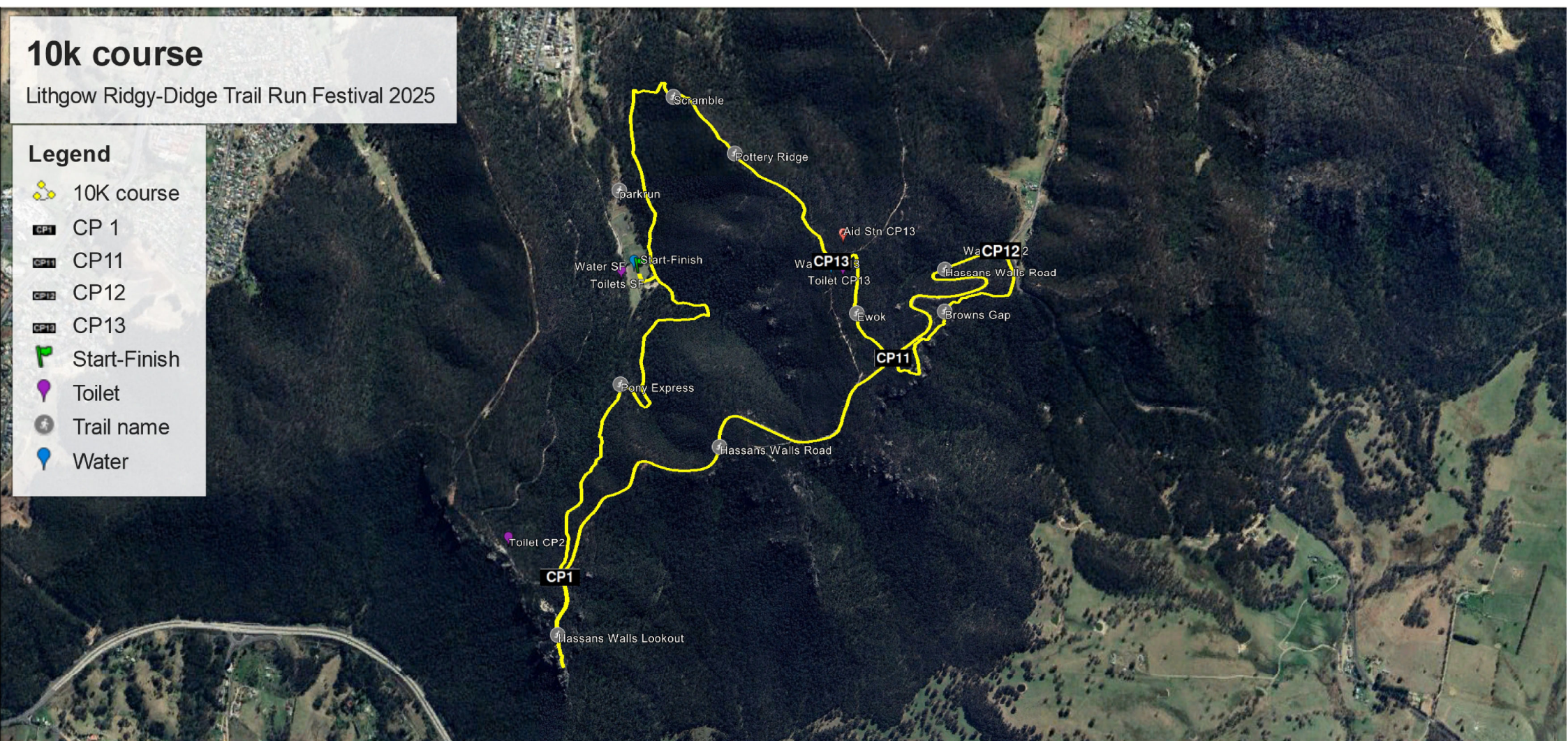


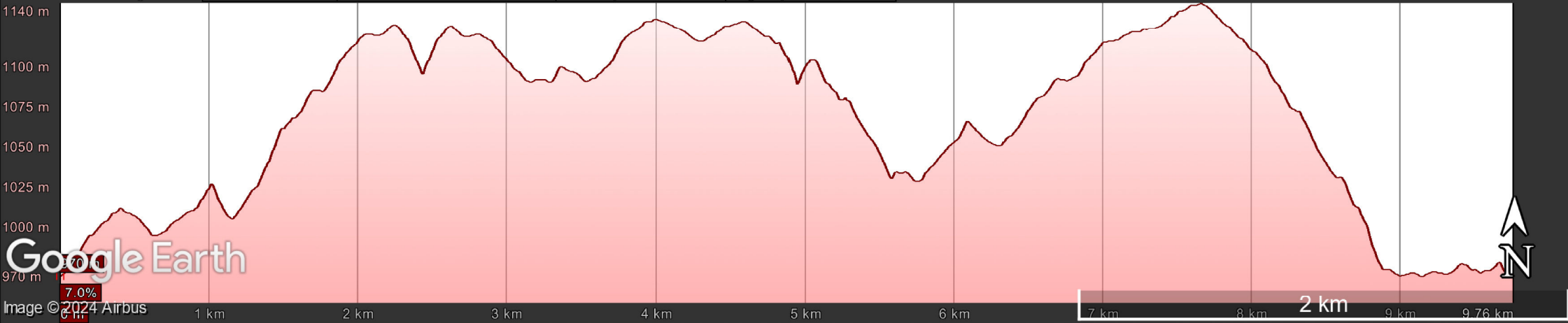
10k course

Lithgow Ridgy-Didge Trail Run Festival 2025

- Legend**
- 10K course
 - CP 1
 - CP11
 - CP12
 - CP13
 - Start-Finish
 - Toilet
 - Trail name
 - Water



Graph: Min, Avg, Max **Elevation: 970, 1069, 1140 m**
Range Totals: Distance: 9.76 km | Elev Gain/Loss: 466 m, -466 m | Max Slope: 25.7%, -32.4% | Avg Slope: 8.5%, -9.7%



Google Earth

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