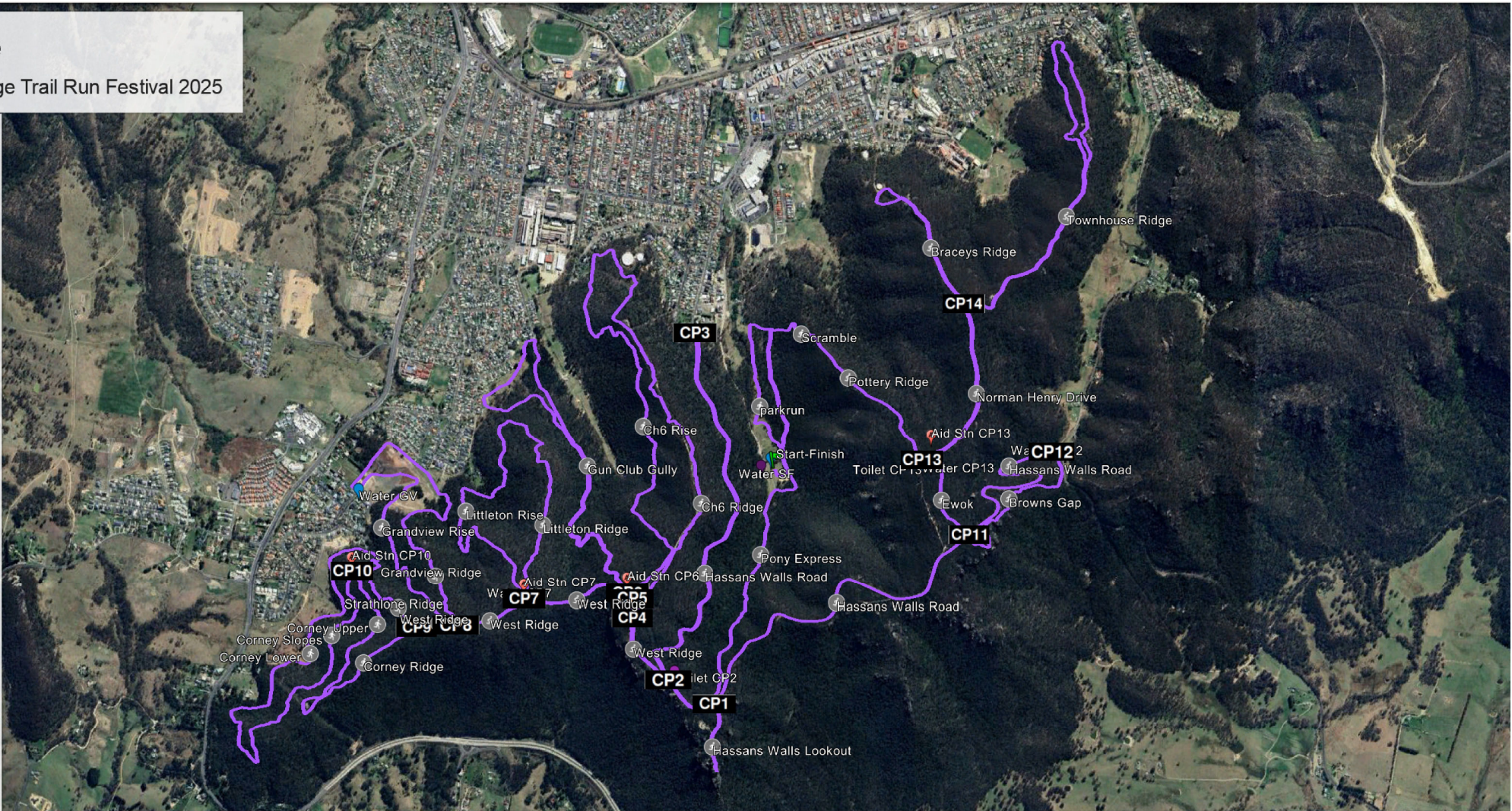


50k course

Lithgow Ridgy-Didge Trail Run Festival 2025

Legend

- 50K course
- Aid Stn
- CP 1
- CP 2
- CP 3
- CP 4
- CP 5
- CP 6
- CP 7
- CP 8
- CP 9
- CP 10
- CP 11
- CP 12
- CP 13
- CP 14
- Start-Finish
- Toilet
- Trail name
- Water



Graph: Min, Avg, Max Elevation: 944, 1064, 1161 m
Range Totals: Distance: 46.5 km Elev Gain/Loss: 2369 m, -2369 m Max Slope: 27.3%, -31.6% Avg Slope: 8.3%, -8.7%

